

Screen Free Friday

Below are 4 ideas you could do with your child to encourage a 'Screen Free Friday'. Make sure whatever you get up to you send a picture to the class email.

Pack a Picnic

The lovely sunshine has got us all excited for Spring time. Why not have a picnic in your living room or garden? Ask an adult to help you make some sandwiches and put some snacks together. Then, set up your picnic area and enjoy your tasty treats.



Get Active

Go for a walk or a bike ride with your family in your local community or park to enjoy some fresh air and sunshine.



Let's tidy!

Being at home is a great opportunity to practice some life skills. Ask an adult if there is a room you can tidy up to help them with housework. You could tidy your bedroom.



Origami

Collect some paper or card and fold it in various ways to make different shapes and objects. See how many different things you can make out of one piece of paper.

