



# Rainbows

## screen free

## activity passport

Below you will find some activities that you can complete during screen free Friday. Please send any photos you take to me at [jemison@southbankprimary.co.uk](mailto:jemison@southbankprimary.co.uk) and you will receive a badge on marvellous me.

Name: \_\_\_\_\_



1. Make frozen paint.		11. Create art with nature.	
2. Admire the night sky.		12. Go for a long walk.	
3. Paint with your feet.		13. Make a bubble snake.	
4. Jump in puddles.		14. Enjoy a story.	
5. Dance with family.		15. Make a bird feeder.	
6. Make a musical instrument.		16. Make pitta pizzas.	
7. Make a den.		17. Build a model.	
8. Make cornflake cakes.		18. Look for wildlife.	
9. Make a card for someone you miss.		19. Bake cakes or biscuits.	
10. Plant seeds.		20. Make a potion.	