

Sport Premium Funding Action Plan

2016-2017

South Bank Primary School

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

Specific Objectives What we want to do	Strategies What we are going to do to achieve objectives	Signs of success/impact When we have achieved our objective(s) we could see	Who	When
Ensure that all children receive high quality PE lessons	Employment of dedicated Sports Coach to increase the consistency in the quality of delivery of P.E.	Observation of PE lessons carried out throughout the year.	SC	Ongoing
Children have the opportunity to represent the school in sports they have excelled in during PE lessons	Liaise with ALP trust members to create a planned programme of inter-school competitions	Increased number of children taking part in inter-school competitions.	Sports Coach	Sep 16
All children offer the opportunity to develop their skills in after school clubs	Sports Coach to run clubs Monday to Thursday after school and every lunchtime	Uptake in clubs increase. Wider range of activities offered to children.	Sports Coach	Ongoing
Children have the opportunity to gain leadership experience and provide break time and lunch time activities	The use of Play Leaders	Children leading sporting activities for each other during lunchtime	Sports Coach and Trust to do training	Sep 16

Healthy Active Lifestyle

Healthy behaviour in childhood and the teenage years set patterns for later and, if acquired early can have a dramatic impact on well-being. Nearly a quarter of all reception-aged children and one third of year 6 pupils are overweight or obese and it has been documented that inactivity causes nine per cent of premature mortality.

Identify the children who are least active or who are at risk of obesity and design targeted physical activity interventions specifically for them. The focus needs to be on enjoyment, so engage these pupils by offering a breadth of appealing activities that include plenty of exercise and promote wider health and well-being messages in a young people-centred environment.

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Children are able to access local community sports and clubs outside of school.	Sports Coach to develop links with local clubs, arrange taster sessions etc.	Pupils and parents know how to access local sports opportunities	Sports Coach	Sep 16
Increased physical activity during playtime	Sports Coach to organise and officiate games at playtime. LSAs to lead physically active games.	More physical activity at playtime and a reduction in poor behaviour	Sports Coach Senior LSA/MC	Ongoing