

Sport Premium Funding Action Plan

2015 - 2016

South Bank Primary School

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

Specific Objectives What we want to do	Strategies What are we going to do to achieve objective(s)	Signs of Success/Impact When we have achieved our objective(s) we should see	Who	When
Ensure that <u>all</u> children receive a high quality PE lessons.	Employ a dedicated Sports Coach to increase the consistency in the quality of delivery of P.E.	Observations of PE lessons carried out throughout the year.	HH and NO will appoint an appropriately qualified Sport Coach	June 2015
Children have the opportunity to represent the school in sports they have excelled in during PE lessons	Liaise with ALP trust members to create a planned programme of inter-school competitions	Increased number of children taking part in inter-school competitions.	Sports Coach and NO	Autumn Term 2015.
All children offer the opportunity to develop their skills in after school clubs	Sports Coach to run clubs Monday to Thursday after school and every lunchtime.	Uptake of clubs increases. Wider range of activities offered to children.	Sports Coach	Starting Sept 2015
Children have the opportunity to gain leadership experience and provide break time and lunch time activities.	Trust to provide Play Leader training.	Children leading sporting activities for each other during lunchtimes	Sports Coach to arrange. Trust to arrange training.	Autumn 2015
Increasingly accurate	New assessment system to be	Assessments accurately identify	NO and Sports Coach	Autumn 2015

ents	the areas of strength and weakness for individuals and groups.		
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Healthy, Active Lifestyles

Healthy behaviour in childhood and the teenage years set patterns for later life and, if acquired early can have a dramatic impact on well-being. Nearly a quarter of all reception-aged children and one third of year 6 pupils are overweight or obese and it has been documented that inactivity causes nine per cent of premature mortality.

Identify the children who are least active or who are at risk of obesity and design targeted physical activity interventions specifically for them. The focus needs to be on enjoyment, so engage these pupils by offering a breadth of appealing activities that include plenty of exercise and promote wider health and well-being messages in a young people-centred environment.

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Children are able to access local community sports and clubs outside of school.	Sports Coach to develop links with local clubs, arrange taster sessions etc.	Pupils and parents know how to access local sports opportunities. Sports Coach has knowledge of clubs available to sign post pupils. More children involved in out of school clubs and sports.	Sports Coach	Autumn Term 2015
Improve pupil's road safety skills for riding their bikes to and from school, or when riding their bikes on an evening or weekend.	Bikeability training level 1 and 2 offered to pupils.	Pupils qualified in Level 2 Bikeability. Children have increased confidence in road safety.	Sports Coach to liaise with Bikeability provider.	Summer Term 2016.
Children are confident and safe in water.	Year 2 currently receive swimming lessons once a week. Swimming every day might be more beneficial in the longer term.	All Year 6 children can swim 25m when they leave South Bank Primary School. ** All Year 6 children are able to	Nick Oswald to coordinate.	Ongoing.



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	<p>swim 25m in 4 lessons. Other year 5 children may receive lifesaving training.</p> <p>Four days swimming for Year 2 and 3.</p>	swim 25m so Year 5 taken for a booster course instead.		
Increased physical activity during playtime.	<p>Sports Coach to organise and officiate games at playtime.</p> <p>LSAs to lead physically active games.</p>	More physical activity at playtime and a reduction in poor behaviour.	Sports Coach. Senior LSA/MC	Ongoing.